

The OPRA™ Implant System

Patient information upper limbs

GENERAL INSTRUCTIONS

When the prosthetic phase begins, a strict hygiene regimen is required. Hygiene routines should be carried out in accordance to the following procedure twice a day:

- You should clean your hands with soap and water, optionally with ethanol based hand disinfectant and optionally using protective single use gloves.
- Moisten a clean piece of gauze with sterile saline solution (0,9% NaCl). Wind the gauze around the Abutment, press it gently against the skin and clean the skin with a circular movement (as with dental floss).
- If there is dry tissue immediately around the Abutment this may be removed using a dry swab or a swab moistened with sterile saline solution (0,9 % NaCl).
- If the skin area closest to the Abutment becomes dry and chapped, a thin application of an ointment, e.g. Vaseline Petroleum Jelly, twice a day is recommended.

It is not unusual for a small amount of fluid to seep from the skin penetration area, especially in connection with vigorous physical activity. If a small amount of fluid leaks out, moisten a clean piece of gauze with sterile saline solution (0,9% NaCl). Wind the gauze around the Abutment, press it gently against the skin and clean the skin with a circular movement (as with dental floss). Then wind a clean piece of gauze around the Abutment. Change the gauze daily.

In addition, the external prosthesis should be cleaned with alcohol every day. You should as far as possible avoid dirty environments and should not let other people touch the area immediately around the Abutment.

There are no restrictions regarding bathing and swimming as long as carried out according to instructions for protection of the skin penetration area as described above.

IN THE EVENT OF IRRITATION OR INFECTION

If you have a cold, the skin penetration area may become irritated and it is important to urge meticulous hand hygiene when cleaning, using alcohol-based rubs.

At early signs of infection, such as redness, itching pain and tenderness, you should clean an additional one or more times during the day.

If irritation continues, with flushing, swelling, fever and/or aching, you must consult your treating physician.

In the event of high temperature and/or severe pain, you must go the hospital emergency department.

Integrum AB

Kroksläotts Fabriker 50, SE-431 37 MÖLNDAL Sweden

Phone: +46 31-760 10 60

e-mail: info@integrum.se

website: www.integrum.se